

Partner Fact Sheet

My partner's birthday is:

Our anniversary is:

Other important dates include:

The things my partner values the most are:

My partner loves:

My partner dislikes:

My partner's needs are:

My partner has difficulties with (e.g. they find talking difficult when they are stressed):

My partner's ultimate wish is:

My partner's favourite things are:

During sex my partner enjoys:

I find these things about my partner challenging:

I love and appreciate these things about my partner: